

Name: \_\_\_\_\_ **Abuse Recovery**

## Abuse Recovery

Date: \_\_\_\_\_

## Why do I want to recover (more) memories?

[illegible]

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### What do I hope that recovering memories will do for me?

[illegible]

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## Why do I wish I could know for sure whether I was abused?

[illegible]

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**What problems and suffering in my life now do I believe will be changed by remembering abuse?**

[illegible]