What is "Programming?"

Programming involves the intentional creation of DID in an individual. This is completed by The use of focussed behaviour control methods and torture are used to instill and reinforce precise messages and/or specific learned responses. The methods used are deliberate, calculated, and extreme forms of manipulation and control. The dissociated parts are then given an identity, a belief system, a job, unique physical and linguistic abilities, and whatever else is needed to accomplish the programmers' objectives.

In organised abuse, programming is usually integrated into the extreme torture and abuse that begins at birth or at an early age (usually before age five or six), when a child is both more vulnerable and more likely to dissociate. In this way, groups can use the child's natural tendency towards dissociation to encourage multiplicity leading to the ability to easily control the child. Because dissociation and multiplicity are often encouraged and used during programming, the programs and messages go deeply into the unconscious, to affect survivors without their conscious awareness.

The purpose and goal(s) of programming is for a "handler" to have control over the created parts/alters in the system. Ultimately one part in the system has been "programmed" to obey orders while another part of the mind is unaware of what has occurred.

Programming refers both to the process of teaching parts of the mind unquestioned obedience to the content of what is taught.

Programming is completed by programmers who are individuals in a high control group or government organisation that use various techniques and technologies to create trauma, fragment the mind, and install belief systems in the individual. It is common practice to merge belief systems with technological programming methods.

Handlers are the individuals that will maintain an environment of control and/or abuse in an individual's life in order to make it difficult or impossible to escape. The handler is the individual who has access and control of a system

There are many types of programming that occur. Some types of programming are: Government, Spiritual (group specific beliefs), White Supremacist, Occult, and Family groups.

Programming is something that is done to a person by another individual, for a specific reason, using specific time-tested methods, at a certain time and place. With support and interventions programming can be overcome.