OVERVIEW OF THOUGHT REFORM

Singer's Conditions	Lifton's Themes	DDD Syndrome
1. Keep the person unaware of what is going on and the changes taking place.		1. Deception
2. Control the person's time and, if possible, physical environment. 3. Create a sense of powerlessness, covert fear, and dependency. 4. Suppress much of the person's old behavior and attitudes.	1. Milieu control 2. Loading the language 3. Demand for purity 4. Confession	2. Dependency
5. Instill new behavior and attitudes.	5. Mystical manipulation 6. Doctrine over person	
6. Put forth a closed system of logic; allow no real input or criticism.	7. Sacred science 8. Dispensing of existence	3. Dread